

2023

GRATITUDE REPORT



PRIME TIME HOUSE

Connections. Community. Mental Wellness.



FROM OUR EXECUTIVE DIRECTOR



Dear Friends,

This marks my final message to you as the Executive Director of Prime Time House. Serving in this role for the past six years has been my absolute honor. Our members have taught me so much about the importance of acceptance and inclusion, the value of giving back, the fact that everyone has something to offer, and the need to continue to advocate against stigma. I will take these lessons with me and continue to hold them dear. I am proud of the work accomplished with your support.

With the creativity and dedication of staff, our community persevered during the pandemic and supported members during challenging times. We've invested in our facilities, making improvements to ensure that our campus will be safe, accessible, and usable for years ahead. We've introduced new holistic wellness programs to our Clubhouse and expanded case management services to support those homeless or most at risk of homelessness. We've expanded the agency's visibility and grown partnerships to ensure that we are meeting the needs of our members.

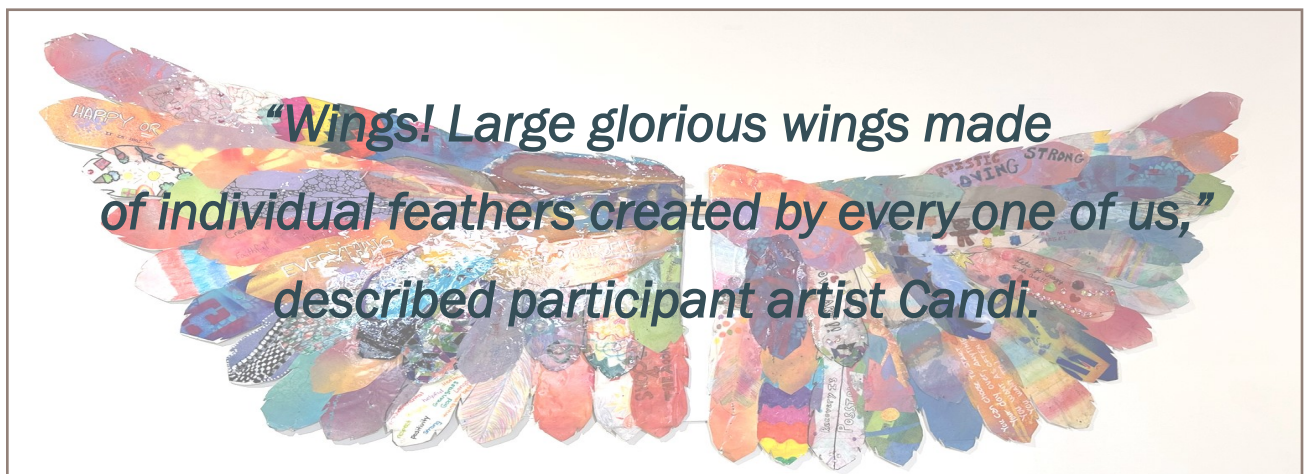
Prime Time House has always been resilient and will continue to use change as an opportunity for growth as the need for our programs continues to increase. A recent study by the U.S. Surgeon General concludes that the current epidemic of loneliness can increase the risk of premature death to levels comparable to smoking 15 cigarettes a day, highlighting the importance of our Clubhouse, which eliminates the social isolation that comes with a mental illness.

Thank you for being so dedicated to empowering our members to live productive, independent, and fulfilling lives. I promise to remain a committed advocate for Prime Time House and am grateful for your support.

With deepest gratitude,

Christina

Christina Emery, Executive Director



OUR MISSION, IMPACT & VALUES

Prime Time House is at an exciting and important juncture. Over the past few years, we weathered tough economic times, shifts in state contracts, and a global pandemic. Despite these challenges, we have invested in staff development, increased community collaborations to reach more individuals in need, and made capital improvements on our campus to ensure our facilities remain accessible and comfortable for years to come.

With the fundamentals of financials, people, and infrastructure in place, we are in a unique position to capitalize on growth opportunities to meet the increasing mental health needs of our community while continuing to support the overall well-being of our members.

After a disciplined, thoughtful approach involving input from those we serve, community partners, employees, board members, and stakeholders, we have developed a three-year plan to chart a course to a greater and sustainable impact on our community for future years.

OUR MISSION

To provide individuals in Northwestern Connecticut with mental illness a supportive environment that helps them lead independent and productive lives and reach their highest potential.

OUR VISION FOR IMPACT ON THE COMMUNITY

A community where those with mental illness have access to opportunities and support needed to lead independent and productive lives free of stigma and with a sense of belonging.

OUR VALUES

Dignity & Respect

Those with mental illness should be treated with dignity and respect and participate as equal partners in their recovery.

Caring & Compassionate

Staff are essential to the healing process of our members and must be trauma-informed, empathetic, caring, respectful, and supportive.

Trustworthy

We strive to create a safe, welcoming, and non-judgmental environment for our current and potential members and to meet them where they are.

Inclusive

We have an inclusive approach and culture and embrace Diversity, Equity, Inclusion, and Belonging.

Holistic

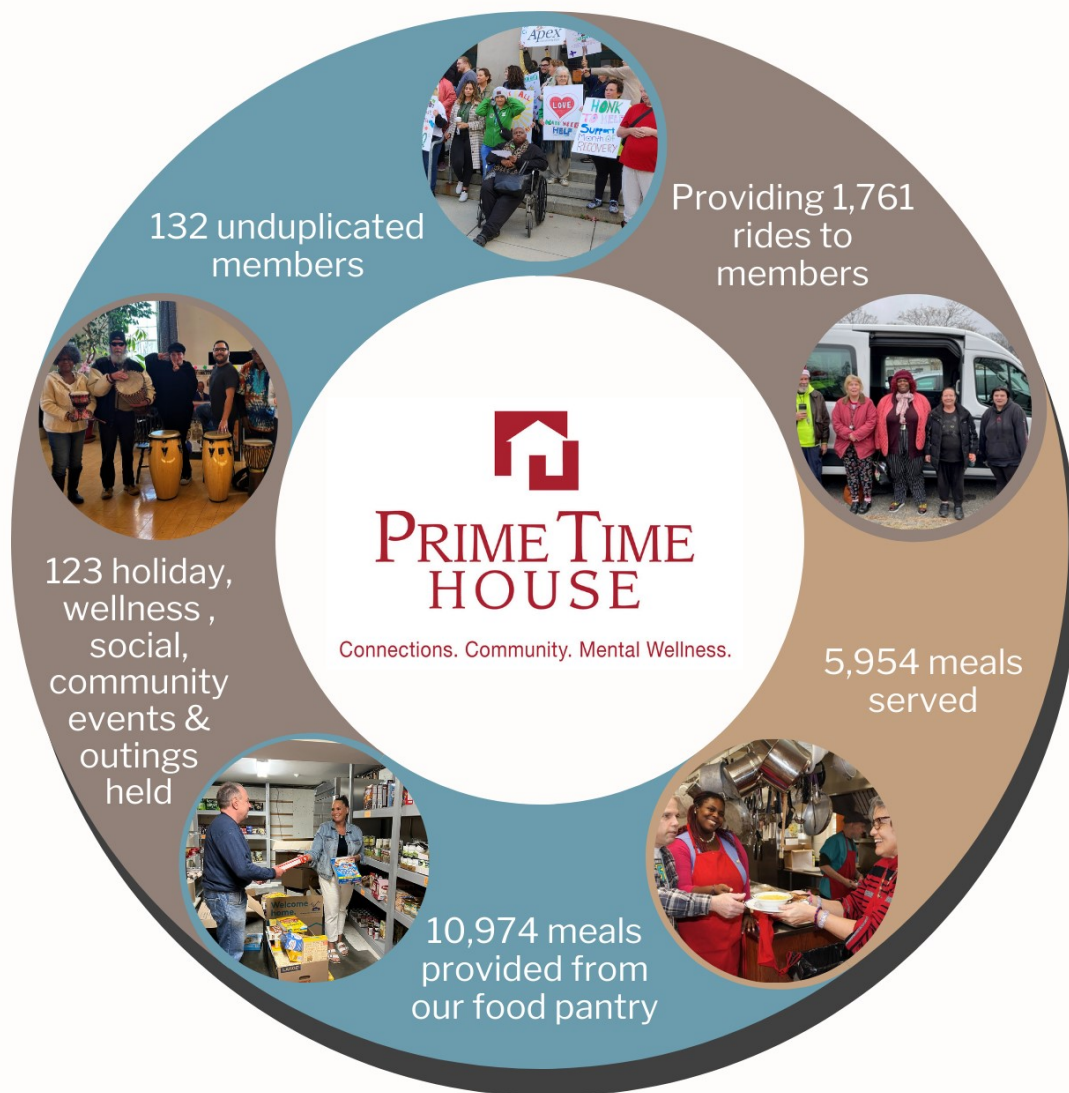
All services must involve the whole person and be delivered in a vital and culturally sensitive community.

Collaborative

We seek to partner effectively with other institutions and the community to secure the best opportunities for those with mental illness.



CLUBHOUSE



A typical day in our legacy Clubhouse includes: transporting members to and from our campus; meeting to coordinate and plan holiday events, dances, and social and recreational activities; preparing and cleaning up daily lunch; running our food pantry; conducting wellness programs including therapeutic art, yoga, and exercise classes; improving attention, memory, and problem-solving skills through our newest program Prime Minds.

All of these promote building friendships, learning new skills, meeting educational and employment goals, accessing nutritious daily meals, and having the support needed to lead independent and productive lives. Free of stigma, with a sense of belonging, confidence, and the ability to form relationships, members and staff work collaboratively toward mental wellness. This evidence-based psycho-social rehabilitation program reduces costly hospitalizations and incarceration and improves overall health.

Ranging in age from 18 to 65 plus, **50% of our members are older than 55 years of age.** This aging population has chronic health issues, lack of mobility, often experience financial, housing, and food insecurity, as well as social isolation.



WELLNESS PROGRAMS

“Nesting: A Creative Journey to Health”

Support from the NW Connecticut Community Foundation (NCCF) Northwest Corner Gives allowed us to partner with the Five Points Center for the Visual Arts to offer an art program encouraging self-expression, self-discovery, and emotional growth in a non-judgmental atmosphere. The project was entitled "Nesting" because just as a bird's nest provides a protective space for growth and transformation, creativity requires a similar space of safety and security to flourish. In art therapy, the "nest" becomes a powerful metaphor for the safe and nurturing environment where creativity is born, thrives, and is free of judgment or criticism.



During a series of six-week sessions, participant engagement demonstrated how "nesting" invoked the creation of art that inspires healing, provokes challenge, and offers hope to those on the pathway to mental wellness. A public exhibit of the works at the Five Points Annex Gallery was held May 5 - May 21, 2023, in honor of Mental Health Awareness Month.

This exhibit showcased a curated selection created by those who struggle with mental health. It not only explored the benefits of artistic expression in improving mental wellness, but the impactful pieces illustrated the emotional struggle that can be experienced when living with mental health and substance use disorders. Over 42 artists contributed to this collective and collaborative art experience.

A subsequent grant from the NCCF will enable us to continue this program for our members.



Wellness in the Park Mental Health Awareness Fair

Prime Time House is committed to raising awareness to fight mental health stigma. We were pleased to organize “Wellness in the Park” to kick off a summer filled with advocacy, outreach, and collaboration. The event highlighted the variety of resources available in Northwest CT that promote mental wellness, counseling, and recovery services. Activities included music, yoga, and community art to improve the mind, body, and overall mental well-being.



SUPPORTIVE HOUSING PROGRAMS

The goal of our Supportive Housing Programs is to collaborate with local housing providers to prevent and end homelessness in Northwest Connecticut, which predominately impacts individuals that struggle with mental health and/or substance abuse. Our programs consist of the following:

NEXT STEP HOUSING

This **Rental Assistance Program (RAP)** provides **intensive case management for ten individuals with state housing vouchers**. A recipient can apply for any available apartments using their voucher, which pays 70% of the rent. The remaining 30% is paid for by the tenant with income from disability benefits, or employment. **Individuals using this program at Prime Time House include four with co-occurring disorders, five with chronic medical issues, and seven with substance abuse issues.**

EMERGENCY HOUSING VOUCHER PROGRAM

This federally funded program (EHV) helps **vulnerable homeless populations find and maintain housing**. **Thirty-seven individuals received a housing voucher and relocation support**, including apartment searches, assistance with deposit funds, and connections to local resources to ensure their success. Referrals originated from local providers that collaborate to end homelessness. Funded by COVID response funds, **this program ended on 12/30/2023.**

HOMELESS PREVENTION PROGRAM

This program (HPP) strives to **prevent homelessness as a result of economic conditions caused by the pandemic**. **Thirty-eight individuals received case management mediation and relocation assistance** during the eviction process. Clients were eligible for security deposits, application fees, and rental arrears. Funded by COVID relief funds, **the program ended on 6/30/2023.**

HOMELESS TO HOUSING PROGRAM

This newly established **DHMAS-funded program (H2H)** reaches out to the homeless population to **connect them with service/support to work on solutions to successfully secure housing**. Referrals are provided by Litchfield County Outreach, Coordinated Access Network (CAN), and local providers of homeless clients. The program began in early June 2023 with a base of nine clients.

Barriers to Housing in Litchfield County:

- ⇒ Lack of affordable apartments that do not exceed program fair market rates and maximum allowable rent
- ⇒ Lack of security deposit funds
- ⇒ Lack of adequate local transportation



VOCATIONAL SUPPORT

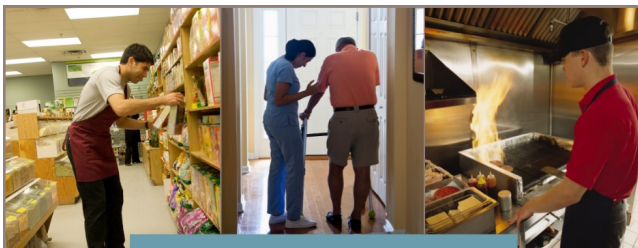
Approximately 60% of the 7.1M receiving public mental health services nationwide want to work, but less than 2% receive support. Prime Time House understands the importance of work and has innovative programs in place to help with self-worth and independence.



We have partnered with the Bureau of Rehabilitation Services (BRS), a division of the Department of Aging and Disability Services, to help persons with significant physical and/or mental disabilities prepare for, find, keep or advance in a job. This program strives to create opportunities to help individuals with disabilities work

competitively throughout Litchfield County and Greater Waterbury areas. **There are approximately 3-4 referrals per month to our BRS program, which currently provides vocational services to 19 individuals.**

FINANCIAL EMPOWERMENT & MENTAL WELLNESS



THANK YOU!



For supporting individuals as they strive to achieve independence and growth through meaningful employment.

The opportunity to hold a job is essential to one's independence and self-worth. Employment provides a paycheck, a sense of purpose, the chance to be a part of the community, and opportunities for growth. We are grateful for the generosity of the Union Savings Bank Foundation and their contribution, which will empower individuals to reach their vocational goals.

Thank you to Torrington Savings Foundation for supporting programs to empower individuals with mental illness to reach independence through meaningful work. These programs include: Financial Wellness group education, Benefits Counseling to help individuals transition from public benefits to financial independence, and Prime Minds to improve attention, memory, and problem-solving skills, all needed for work.

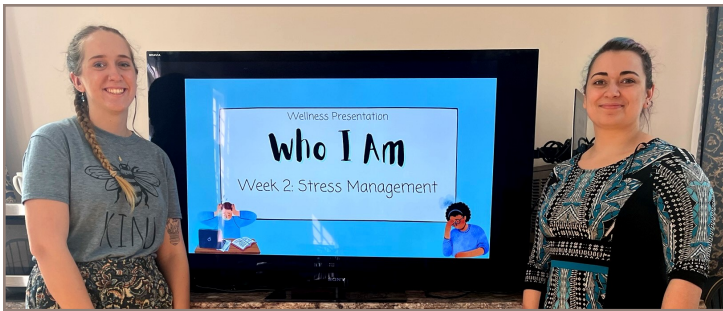


HIGHLIGHTS & ACCOMPLISHMENTS

Prime Time House participated in National Health Center Week's event hosted by Community Health & Wellness. Participating in the global observance of International Overdose Awareness Day, we shared information about our agency and advocated for awareness and acceptance of those in recovery.



Prime Time House offers holistic wellness activities to promote overall well-being. UCONN School of Social Work MSW interns Katie Mankowski and Rachel Harbert created a wellness series entitled "Who I Am," which promoted stress reduction activities that can be incorporated into everyday life.



Prime Time House hosted its annual Walk for Recovery, an awareness walk from Prime Time House to City Hall, where stories of recovery and hope are shared.



MULTICULTURAL CELEBRATIONS AT PRIME TIME HOUSE



Celebrating differences, as well as common interests, helps unite and educate us. Our club-house members plan many multicultural events throughout the year to help understand other's perspectives, broaden our own, and fully experience the culture in our community.



Lourdes of Litchfield Shrine Hosts Pop-up!



Our heartfelt thanks to over 100 volunteers who made this store a reality through their donation of time and talents. Those who served on the planning committee are represented with an * before their name.

Father Don LaSalle and the entire Lourdes of Litchfield Shrine community welcomed our pop-up store to Pilgrim Hall. This fantastic location received generous sponsorship from Torrington Savings Bank and support from 40 businesses and individuals. The stalwart committee rose to the occasion of carefully attending to every detail - from collecting donations to unpacking, cleaning, sorting, and pricing the store's vast inventory. O&G Industries aided this year's endeavor by donating storage space on South Main Street. Berta Andruslis and her truckers brigade moved hundreds of pieces of furniture and boxes of goods from storage to Lourdes. In a mere few weeks, the hall was transformed into an enchanting gift shop of curated treasures, raising \$66,950 in support of the programs at Prime Time House.

- | | |
|--|---------------------------|
| Bill & Carol Andruslis | John & Darcey Markelon |
| Rob Andruslis | Janice Martin |
| Berta Andruslis Mette | Kerwin Mayers |
| Lance Abbott | Marie McFadden |
| *Judi Armstrong | *Pucci McGill |
| Charlene Barbacci | *Susan McGowan |
| Tina Bernacki | Jane S. McMahon |
| Martha Bernstein | *Jackie Miller |
| Pat Bevivino | *Kathy Minck |
| Charles Beyer & Katherine Marchand-Beyer | Mary Mitchell |
| Linda Bianowicz | Jim Moore |
| Dean Birdsall | Marjorie Morris |
| Colette Boyd | Nancy Newton |
| Susan Breece | Cathy Oneglia |
| Susan Clarkin Breslin | Katherine Oneglia |
| Jean Chapin | Susan Pasquariello |
| Maureen Cleary | Jennifer Paul |
| Sandra Colangelo | Sherrri Pedroncelli |
| Tom Curran | Meredith Penfield |
| Lucy Dobson | Susan Pollock |
| Kathy Donohue | Nancy Post |
| Patricia Donovan | Barbara Protzmamn |
| Anne C. Dranginis | Rosamond Quay |
| Laura Dunn | Frank Ramsey |
| Beth Dupont | Susan Rea |
| Cara Emery | Madeline Revere |
| *Christina Emery | Krista Rizzo |
| Jason Emery | Maggie Robinson |
| Mark Famiglietti | *Nancy Rogers |
| Rosie Furniss | Paula & Humphry Rolleston |
| Bette & Jerry Geci | Ellen Savoia |
| Eugene & Linda Geddes | Maggie Selby |
| *Jeff Geddes | Benda Sherman |
| Martha Green | Elena Simoes |
| Wendy Healey | Julith Sink |
| *Luce & John Jakimetz | Laura Stancs |
| Arlene Janssen | Bill & Michele Starr |
| Karen Johnson | Cathleen Strobel |
| Bill & Carol Jones | Erin Strouse |
| Deanna Katten | Patty Sullivan |
| Patty Kral | Cindy Swope |
| Louise Krozek | Karen Terhaar |
| Lynette Kyasky | Kathy Thompson |
| Laura Lasker | Susan Vontell |
| Susan Linsley | *Kathi Weinstein |
| Bruce MacLeod | Lannie Witherspoon |
| Karen Maddox | Roberta Witty |
| Donna Marconi | Bette Wu |
| | Sandra Zielinski |



Jeff Geddes, Fr. Don LaSalle & Kathy Minck



Berta Andruslis & Truckers Brigade



Volunteer cashier Maggie Selby

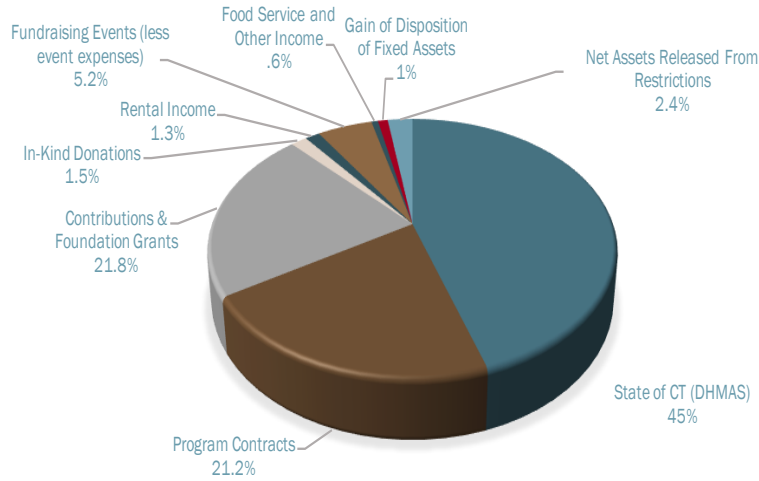


Kathi Weinstein, Jeff Geddes, Luce Jakimetz, Judi Armstrong, Pucci McGill



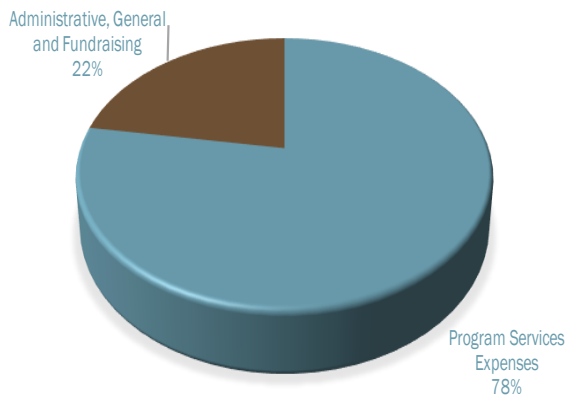
2022/2023 FINANCIAL REVIEW

SOURCE OF FUNDS



Source of Funds	
State of CT Contracts	577,054
Program Contract	271,532
Contributions & Foundation Grants	279,499
In-Kind Donations	19,576
Rental Income	17,700
Fundraising Events (less event expenses)	66,830
Food Service and Other Income	7,933
Gain of Disposition of Fixed Assets	12,009
Net Assets Released from Restrictions	30,191
TOTAL	\$1,282,324

USE OF FUNDS



Uses of Funds	
Program Services Expenses	1,058,959
Administrative, General and Fundraising	306,019
TOTAL	\$1,364,978



The above data represents a financial statement for fiscal year 2022/23 for Prime Time House, Inc.

"I came to Torrington homeless and with mental health issues that had not been diagnosed. I started seeing people who were like myself entering into a building. There I was introduced to Prime Time House. I will not give you sob songs about recovery, because recovery comes in a lot of different ways; to learn to have peace of mind is to recover from chaos, to be accepted for who you are instead of who they want you to be, is to recover from a lot of drama; and to find love inside the walls of Prime Time, instead of institutions is a discovery, a recovery, and a gift from God." - Angelique L



2022/2023 GENEROUS SUPPORT

\$5,000 or more

City of Torrington
Connecticut Community Foundation
Wayne Eisenbaum Charitable Foundation
The Herbert Gilman Family Charitable Foundation
Northwest Community Bank Foundation Inc.
Northwest Connecticut Community Foundation
Northwest Gives of the Northwest CT Community Foundation Draper Foundation Fund & Northwest CT Community Foundation
Susan Ritchie
Adrian & Maggie Selby, Nolin Selby Fund of the Northwest CT Community Foundation
Emily F. Soell
*Torrington Savings Bank
Torrington Savings Foundation
The Union Savings Bank Foundation
Sally Vaun
Women & Girls Fund of the Northwest CT Community Foundation

\$2,000 to \$4,999

Advanced Behavioral Health, Inc.
Berkshire Taconic Community Foundation
Civic Family Services, Inc.
Rita Dolan
Fleming Fund, Don & Diane Hewat of the Berkshire Taconic Community Foundation
*Luca & John Jakimetz
Josephine Jones
Karin Lawrence
James & Mary Jane Mazzarelli
William G. McKelvy
Earl & Rosetta Monroe
Michael & Breia Pinette

\$1,000 to \$1,999

Anonymous (8)
Claudette Bonetti
*Carmody, Torrance, Sandak, Hennessey LLP
Hope S. Childs
Mary Cianciolo
Kevin & Christine Cushman
Wayne & Heather Eisenbaum
Francis J. & Louisa J. Oneglia Foundation
John & Lynn Fulkerson
Richard & Rosie Furniss
*Jeff & Peggy Geddes
Carole Gibney
Bill & Kate Honan
*Dr. Michael Kovalchik & Susan Vontell
Jon Lafleur
Marc & Tracy McCarthy
*Thomas & Susan McGowan
*Northwest Community Bank
Robert & Veronica Pedemonti PhRMA
Rotary Club of Torrington & Winsted Areas
Philip Samponaro
Steven & Gayle M. Temkin
The Barden Foundation
*Thomaston Savings Bank
United Way of Northwest Connecticut

\$500 to \$999

*Ace Hardware
The Archdiocese of Hartford

Borghesi Building & Engineering Company
Mary & Sam Carroll
*Charlotte Hungerford Hospital Hartford HealthCare
*Cramer & Anderson Law Office
Virginia & Edward Davidson
*E. J. Murphy Realty, LLC
*Christina & Jason Emery
Michael Exstein & Lida Greenberg
Thaddeus Gray & Allison Bottom
Lawrence Henrickson Jr.
Susan Jordan & James A. Youngling
Kathleen Katrenya
Donna Larson
Peter & Eileen Litwin
John & Nancy Newton
*Northwest Hills Automotive, LLC
Greg & Cathy Oneglia
Howard & Katherine Pease
*Susan Rea
Charles & Molly Roraback
Simple Generosity
Joyce Schwartz
*Elena Simoes
Katie Thomson
*Kathleen Weinstein
Alice Yoakum Fund of the Berkshire Taconic Community Foundation

\$100 to \$499

Bernard Dams & Edna Travis
*AFLAC
Alcoholics Anonymous
Robert & Carol Aloise
Anonymous (2)
Karen Anstett
*Judi Armstrong
Tracie A. Baker
John "Skip" & Judy Barber
*Barron & Company, LLP
*Barron Financial Group LLP
Philip & Anne Bergan
Linda Blakely
*Ken & Cara Blazier
Janet Block Fund of the Berkshire Taconic Community Foundation
Egils & May Bogdanovics
Edwin & Betsy Booth
Nancy Borghesi
Jeffrey & Susan Borghesi
Joyce G. Briggs
Joann Briggs
Bristol-Myers Squibb Foundation
*Brooks, Todd & McNeil, Inc.
Mary Jane Budzyn
Burlington Construction Co., Inc.
Lisa Campanelli
Gladys Cerruto
Diane Cerruto
Jean Chapin
Charym Litchfield LLC
Church of Christ, Congregational
Alan & Pam Colavecchio
Autumn Colleoni
*Conquest Solutions
Paul & Laurie Consolati
Carl & Leslie Contadini
Margaret Cooley
Bruce & Christine Cornish
Ashley Corsetti
Tina Couch
Sandra Davis & Scott Ragaglia
Jung Jo DeBisschop
Denise Walker
Ayerslea Denny
Fran Devlin
*Brenda DiCarlo
Dominik Dionne
Joseph Dippel & Mary Goodhouse
Mary & Robert Donaldson
Louis & Deborah Donne
Doyle's Medical Supply, LLC
Mike & Kim Dragan
Anne C. Dranginis
Alexander Drivdahl
Beth Dunphy
*Eastside Electric, Inc.
*Emily Eisen
Helen Ellsworth Scoville
*Lisa Ferris
Joe & Betsy Ficca
Henry Fitzgerald
Joe & Carol Flynn
Malcolm Forbes
*Jerry & Bette Geci
Betsy Goff Esq.
*Lucie Guernsey Kleinhans
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Lawrence Hannafin & Sally Carr
Reinhold & Melissa Hekeler
Anna & Richard Heys
Michael J. Kelly
Brian Kelly & Donna Savoia
Thomas & Susan Kendall
Timothy King
Jack David & Melanie Kirkpatrick
Louise Krozek
Bob & Kathy Kulig
Frances Lachance
Jeffrey & Susan Lalonde Community Betterment Fund of the Northwest CT Community Foundation
Laura Lasker & Tom Curran
Roxana Laughlin
John & Corky Lavieri
Jedd & Susan Levine
Gerald & Joan Libby
Ryan Lynch
Susan A. MacDonald
Dr. Michael & Janet Magnifico
Melissa Manolitsis
Donna Marconi
Maria Seymour Brooker Memorial, Inc.
Marrin Santore Realty, LLC
Brian & Donna Mattiello
Marie McFadden
Michael & Pucci McGill
Catherine & John McMahon
Cari Mendez
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Ken Merz & Denise Pratt
Philip & Jackie Miller
*Kathy & Frederick Minck
David & Deborah Moore
William & Mary Sue Morrill
John & Julia Morris
Carroll Murphy & David Geiger
Network for Good
*Northwest Hills Credit Union, Inc.
Dennis & Jung Hee Lee O'Connor
Katherine M. Oneglia
Cynthia Oneglia & Dan Whalen
Bob Petricone
David & Tricia Poirier
Patty Sullivan Polletta
Gus & Caroline Pope Foundation of the Berkshire Taconic Community Foundation
Frank & Rachel Ramsey
Clare Rashkoff
*Lindsay Ann Raymond
Thomas Reinhardt
Barbara Reyes
John & Cindy Reznick
Sandra B. Roberts
Paul & Terry Lynn Roche
Nancy Rogers & Mike Delay
Andrew Roraback & Kara Dowling
*Charles E. & Louisa Roraback



2022/2023 GENEROUS SUPPORT

Carmen & Kelly Russo
Richard Sandrib
Richard & Marilyn Schatzberg
Franz & Beth Schober
Matthew Schwab Fund of the Berkshire
Taconic Community Foundation
John & Marisa Seagrave
Anne Brenda Sherman
*Julith & Gary Sink
Nan Skeie
Robert & Roseanna Spano
Squire Hill Condominium's # Two, Inc.
Thomas Stanton
*Todd & Dale Staub
Francine Stier
Bruce & Andrea Strawinski
Kevin & Ginger Sullivan
Cindy Swope & Steven Kukla
Christy Tellier
Debra Telman
*The Littman Family Foundation
Walt & Kathy Thompson
*Thurston Rowe Funeral Home Inc.
Jason Tuncy
Ashley Upton
Bibby Veerman
Merle Waxman
*William Pitt Sotheby's
William & Roberta Willis
Nancy C. Zannini
*Ed & Sandra Zielinski
Mark Zukowski

Up to \$99

Angela K. Engle
Amazon Smile
Dorie L. Andresean
Steven & Jane Bailey
John & Janet Baker
Jane Bakker
Renee Betar
H. Robert & Nancy Blake
John & Colette Boyd
William & Barbara Bradbury Pape
Susan & Jim Breece
Richard Browning
Nancy Cannavo
Crystal Carminati
Wendy & Gerald Casbolt
Larry & Patricia Cassella
Tamara Christensen
Brian & Cheryl Christiano
Robert & Donna Clark
Matthew & Catherine Connole
Martin & Janice Connor
Mark Connors
Margaret D. Cooley
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Mary E. Creaser
Joyce DeAngelo
David & Kathleen Dillon
Beth Dupont
Carol Ferrari
Sumei Fitzgerald
Rena Fitzgerald
Stephen Funk
Jeanne Fusco
Barbara Gilman
Barbara Goodhouse & Jeffrey Curran
Ken & Anne Green
Cheryl Grime
Debra Hart
William Hoelzel
Carl & Janet Hooper
Deidre Houlihan DiCara
Charles & Ann Marie Hyres
Ursula Jay
Michael & Melanie Johnston
Peter Kapitancek
Thomas & Hwasun Kissko
Ellen Koser

Susan & Elizabeth LaGamba
Kathleen Larkin & Peter DeBisschop
Lois Lenehan
Richard Loyer
Adam Lytton & Karin Robinson
Stacy MacDonald
Lenore Mand
Shawn & John Matel
Kerwin Mayers
McCall Center for Behavioral Health
Judith McElhone
Norman Melik
Marjorie Morris
David & Sue Murphy
Victor Muschell
Leo & Karen Nardi
James Paniati
Joyce & Ilana Peck
Marion Perosino
Gerald & Susan Reis
Richard & Elizabeth Reynolds
Katherine Riberdy
Thomas Rickart
Carol Rogers
Charles Roraback
Taryn Roraback
Patrick & Diane Ryan
Nancy Sabia
Emily Saster
Roger & Rosemary Simko
Gordan & Susan Smith
Frances Stoffer
Stop & Shop
Patricia Strawson & Drake Waldron
Cheryl Stroker
Elizabeth Temkin
Tzedakah House, LLC
United Way of Massachusetts Bay and
Merrimack Valley
Janet VanTassel & Stephen Park
Jean Vitalis
Mary Walston
Amy Wynn & Eli Horowitz
Susan Zapulla-Peters

* Donors who sponsored Prime
Finds Home for the Holidays 2022

In Honor of

Katie Atkinson
John Morris
Rena Fitzgerald
Tina Couch
Sumei Fitzgerald
Jim MacGillavry
Lawrence Henrickson, Jr.
Susan McGowan
Bill & Cynthia Goff
Dan Whalan & Cynthia Oneglia
Kathy Minck
Michael & Susan Eanes
Leah Sullivan
Patty Sullivan

In Memory of

Page & Robertson Alford
Sally Carr & Larry Hannafin
Daniel Arezzini
Nancy Blake
Theresa Beshara
Kevin & Christine Cushman
Rena Fitzgerald
Barbara Saylor
Bob & Roseanna Spano
Harry Briggs, MD
Lawrence Henrickson, Jr.

Mark Connors
Jason & Christina Emery
Rena Fitzgerald
Michael Dolan
Rita Dolan
Joseph Goodhouse
Joseph Dippel & Mary Goodhouse
Grime Family
Cheryl Grime
Thomas Klonoski
Carol Ann Aloise
Mary Ann Kufchak
Brian & Cheryl Christiano
Carol Ferrari
Joseph & Betsy Ficca
Ursula Jay
Susan LaGamba
Stacy, Brody, Reese, Reag &
Trey McDonald
Richard & Ekizabeth Reynolds
Katherine Riberdy
Patricia Strawson & Drake Waldron
Kym Magyar
Gladys Cerruto
Frances Nagy
Frances LaChance
Joan O'Neil
Lawrence Henrickson, Jr.
Eric Perodeau
Terry Lynn Roche
Dr. Evan Rashkoff
Clare Rashkoff
Forrest D. Roraback
Claudette Bonetti
Gerald & Susan Reis
Charles Roraback
Charles E. & Louisa Roraback
Taryn Roraback

Donors who contributed between
July 1, 2022 and June 30, 2023
are included in our Gratitude
Report. We have made every
effort to list all names correctly
and sincerely apologize for
omissions or errors.



Where Gratitude Overflows



ANNUAL GARDEN PARTY

Escaping mid-summer heat, humidity, and rain, our annual Garden Party, held in our Clubhouse dining room, honored Torrington Savings Bank and Willow Dealy for their dedication to mental wellness.

Prime Time House is very appreciative of the community spirit, partnership, and generosity of Torrington Savings Bank. They have been the presenting sponsor of our annual pop-up store. They contribute through their annual employee giving program and match the contributions of all employees, trustees, and corporators. The bank's Foundation has provided us with grants to support our programs. The bank's VP of Community Relations Jeff Geddes, serves as our Board President. On behalf of the bank, President & Chief Executive Officer Lesa Vanotti was on hand to accept the award .

Willow Dealy has been a member of Prime Time House since 1988. Then, a single mom with a young daughter, Willow had no friends, job, or family support. Prime Time House allowed her to feel accepted and included, enabling her to serve her fellow members. Willow brings her enthusiasm and spirit to the Clubhouse, where she is a great listener and gives others her undivided attention. She has helped transport her fellow members to and from the Clubhouse. In times of crisis, Willow has helped members care for their pets. She donates platelets to the American Red Cross and is a faith-filled woman who exemplifies the heart of service and giving back to her community.

THANK YOU TO OUR POP-UP VOLUNTEERS AND SPONSORS

A festive garden celebration was held on June 15 to acknowledge the many hearts and hands that contributed to the success of our 2022 pop-up store. Operating for seven years, this endeavor has raised over \$230,450 to support the programs at Prime Time House.



2022/2023 GENEROUS SUPPORT

In-Kind Donations

We are grateful to the following for their contributions of goods and services during the 2022/23 fiscal year to Prime Time House.

Alternative Employment, Inc.
 Lisa Bankoff
 Tina Bernacki
 Pat Bevivino
 Charles Beyer & Katherine Marchand-Beyer
 Linda Bianowicz
 Allison Blackwood
 Ken & Clara Blazier
 Brooker Memorial
 Clever Cavies, UCONN
 Litchfield County 4-H Club
 CT Food Bank
 Doreen Dreary
 Brenda DiCarlo
 Anthea Disney
 Cindy Fass
 Food Rescue US - Northwest CT
 Valerie Friedman
 Jim & Cindy Gajewski
 Sr. Rosemarie Greco
 Paul & Jane Hinkel

Sr. Joann Iannotti
 Randy & Susan Kinkade
 Joan Kirwin
 Dr. Michael Kovalchik & Susan Vontell
 Justin Krul
 Jed & Susan Levine
 Lourdes of Litchfield Shrine
 Adam Lytton & Karin Robinson
 Brooke Maloney
 Brian McAward
 Marie McFadden
 Michael & Pucci McGill
 Thomas & Susan McGowan
 Michael McGuffie
 Susan McKay
 Ken Merz & Denise Pratt
 Earl & Rosetta Monroe
 Elizabeth Morin
 David & Sue Murphy
 Carol Neily
 O & G Industries, Inc.
 Jennifer & Leo Paul
 Susan Pombar
 Pro Bono Partnerships
 Estate of Carolyn Richtarek
 Dolores Sawicki
 Robin Schwartz
 Adrian & Maggie Selby
 Elise, Olivia & Sammy Starr
 James & Michelle Steck
 Stock The Shelves
 Nan Trahair
 Kathi Weinstein
 Craig & Sheri Yard
 Lindley Young
 Ed & Sandra Zielinski



In the spirit of the holiday season, Elsie, Olivia, and Sammy Starr collected 4,062 pairs of socks, distributing them to worthy social service organizations in the area. This was an initiative of the Clever Cavies a UCONN Litchfield County 4-H Club, of which all three girls are members.



Brooke Maloney, a junior at Northwest Regional High School, raised nearly \$450 from school mates, friends, and family to purchase health and hygiene items and gift cards to give to members at Prime Time House. This support was inspired through Kindness in Motion, a program at Regional School District No. 7, which empowers students to serve others.

GENEROUSLY FEEDING OUR MEMBERS, ONE BAG AT A TIME



Stock the Shelves



CT Food Bank



Food Rescue US Northwest



Lourdes of Litchfield Congregation



Prime Time House Food Pantry



Union Savings Bank



COMMITTED LEADERSHIP

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 Louisa Roraback, Past President
 Lisa Ferris, Vice President
 Patricia Sullivan, Secretary
 Frank Ramsey, Treasurer
 Beth Dupont
 Dr. Michael Kovalchik
 Susan McGowan
 Kathy Minck
 Lindsay Raymond
 John Seagrave
 Willow Dealy, Member Liaison

With thanks to our retiring

Board Members -

Elena Simoes
 Sandra Zielinski

STAFF

Administrative Team:

Adam Lytton, Interim Associate Director
 Christy Tellier, Director of Operations
 Kathi Weinstein, Dir. of Development

Vocation:

Tom Stanton, Vocational Director

Clubhouse:

Linda Bellmar, Clubhouse Director

Rehabilitation Counselors -

Matt Johnson

Kelly Russo

Sarah Santoro

Housing:

Case Managers -

Mahalia Anderson

Rob Juarez

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Michael Rooke, PH.D.

Turi Rostad

Brenda Sherman

Emily Soell

Oliver Taeb

Marc Trivella

Regina Wexler, Esq.

Roberta Willis

Lauren Zordan



The diverse strengths of our Board Members were represented by John Seagrave, Jeff Geddes (President), Lisa Ferris (Vice President), Frank Ramsey (Treasurer) and Christina Emery (Executive Director) at the Northwest Chamber of Commerce, Financial Reality Fair hosted by Lewis S. Mills High School in Burlington this past year. This is the largest Financial Reality Fair in Connecticut, with over 850 students participating.

CAMPUS IMPROVEMENTS



A pollination garden was planted thanks to the green thumb of Jeff Geddes and a grant from the Rotary Club of Torrington/Winsted Areas.



Thanks to a grant from Torrington Savings Foundation, new windows were installed in the administration building at Prime Time House.



Jeff Geddes repairs front fence.



FROM OUR MEMBERS



My Story - Rena F

In 1996, I was diagnosed with depression and a schizo-affective disorder, (and) began going to Prime Time in 1997. I remember being shy and quiet. The staff and the other members helped me come out of my shell. They offered me jobs to do, which I enjoyed because it gave me a sense of accomplishment. I do a little bit of everything—I answer phones, sell coffee, sell lunch tickets, serve lunch, and so on. I now have my dream job of helping others. I also have a very nice apartment and live independently. Thanks to Prime Time, I am who I am today.



Out of the Darkness, into the Light - Tracey V

Life is a roller coaster, I'm living in a nightmare walking down a lonely, twisted path full of pits. The cold, lonely wind blows, chilling me to the bones. I hear the creaking of my joints as I slowly move forward into the dark night, I hear the sound of spooky laughter, screaming through my head. Up, down, up, down, I trudge up steep hills. I'm sweating, my heart hammers in my chest, I'm carrying a very heavy load. Suddenly, I'm in a dark pool of water over my head, I cry and cry; my heart is broken. I'm fighting my demons, when suddenly, a pair of strong arms reach down and grab me from the deep dark pit and into a flowery green field, where the sun is shining and a gentle wind is blowing. I am free. I embrace my beautiful sons, in pure happiness, they are my treasures, and they are my life.



Continue your generous support beyond your lifetime through a legacy gift, making Prime Time House an important part of your life story. For information, contact Kathi Weinstein, Director of Development, kweinstein@primetimehouse.org.



Connections. Community. Mental Wellness.

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